



Prayer Meeting Outline

I. UPWARD

- A. WORSHIP: Begin your prayer meetings by engaging in corporate worship. Worship will unify your hearts and turn your focus towards the Lord.

Suggested length of time: 10 minutes.

- B. UPWARD PRAYER:

“Our Father in heaven, Hallowed be Your name...” Matthew 6:9

1. Upward prayer is the prayer of adoration. Begin your prayer meetings by speaking forth the knowledge of who God is.
2. The prayer leader may announce the transition into a time of “upward prayer” and lead the group in prayer.
3. Take turns to read and pray sections of the Psalms or the Hymns of Revelation out loud and exalt the greatness of God.
4. Sing and speak forth the truth of God’s nature by declaring the names of Jesus and of the Father.

Suggested length of time: 25 minutes.

II. OUTWARD

- A. WORSHIP: Transition your prayer meeting from Upward prayer to Outward prayer through worship. This not only gives a smooth transition, but also helps to re-focus and re-unify the individuals participating in the prayer meeting.

Suggested length of time: 10 minutes.

- B. OUTWARD PRAYER:

*“Your kingdom come, Your will be done, on earth as it is in heaven...”
Matthew 6:10*

1. Outward prayer is the prayer of intercession. Apply this verse to your prayer topics and ask for the breaking in of heaven in each situation.



2. Your prayer leader may announce the transition into “Outward prayer” and lead the group by praying for one of the prayer topics. The leader may also announce transitions in between topics.
3. You may pray as short or long as you desire through each topic. Take turns to pray out loud through your prayer focuses.
4. Pray positive and scriptural prayers by using the prayers of Christ and of the apostles.

Suggested length of time: 25 minutes.

III. INWARD

- A. **WORSHIP:** Use worship to transition between Outward prayer and Inward prayer. Have all persons engage together in worship, singing worship songs to God.

Suggested length of time: 10 minutes.

- B. **INWARD PRAYER:**

“Give us today our daily bread...” Matthew 6:11

1. Inward prayer is prayer for your Christian community. Use scriptural prayers to pray for each other’s individual needs and for strength in his or her Christian walk.
2. The prayer leader may announce the transition to Inward prayer and guide the group by either praying out loud for other campus ministries, your own ministry, or individuals in your ministry. The prayer leader may also have the group divide into small groups and pray for each other.

Suggested length of time: 25 minutes.

- C. **WORSHIP:** Close out your prayer meeting by coming together in corporate worship. Use this time to thank and praise God.

Suggested length of time: 10 minutes.

IV. FINAL THOUGHTS

- A. Take ownership of these prayer meetings.



- B. Use the model as a guide, developing it into your own. Come up with your own prayer topics and take as short or as long on each section as you desire.
- C. If the Lord is moving on a certain topic or behind worship, allow Him to guide you and press into that prayer focus.
- D. Scripture promises us that God will make us joyful in His house of prayer, so have fun together as you press in for breakthrough in your community.